



7 reasons to choose UnitedHealthcare

During enrollment, make sure you pick a plan that offers the options you want and helps connect you to quality care and well-being support. Here's a quick look at why UnitedHealthcare has been a top choice for State of Maryland employees since 1983.

- 1 Large national network** – Includes more than 1.8 million physicians and health care professionals, as well as 5,600 hospitals.*
- 2 Convenient ways to get care** – Renew your eyewear prescription virtually with ExpressExam, see a provider from the comfort of home with 24/7 Virtual Visits or call a nurse anytime, 24/7.
- 3 No referrals needed** – See a specialist whenever you'd like without having to get a referral.
- 4 Rewards for healthy actions** – Complete healthy activities to earn \$0 copays on primary care provider (PCP) visits, behavioral health visits and 24/7 Virtual Visits. Plus get up to a \$10 discount on specialist copays.
- 5 Resources for a healthy lifestyle** – Sign up for a One Pass Select® membership to access thousands of gyms nationwide, digital workouts and free delivery of groceries.**
- 6 Well-being tools** – Get help on your path to a happier, healthier you with the Calm Health app, which provides programs and tools to help support your mental health and well-being at your own pace, and Wellos, a digital wellness program that helps you build healthy habits through personalized support, tracking and coaching.
- 7 24/7 local customer Advocate team** – From understanding your claims to estimating costs ahead of time, we make it easier with a team in Maryland that understands your health plan and available local resources.



Choose UnitedHealthcare during enrollment

Learn more at exploreuhcplans.com/stateofmaryland or call 1-800-382-7513.

*UnitedHealthcare internal analysis, March 31, 2026.

**Included with Classic and above.

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