



Support for families navigating autism

Learning that a child has autism spectrum disorder (ASD) can feel like a lot to take in. Support is available for both children and families – every step of the way.

Getting help early can make a difference

Starting early may open more opportunities for children to build skills and grow. One option is applied behavior analysis (ABA) therapy, which focuses on developing everyday skills like communication, social interaction and daily routines.

What your health plan may cover

- ABA therapy for children diagnosed with ASD
- Individualized treatment plans based on your child's needs
- Services provided by trained, qualified professionals

Getting started

- Talk with your child's doctor about ABA therapy
- Ask for an evaluation or referral if needed
- Confirm coverage and provider options with your plan
- Preapproval* is required before care begins; prior authorization may also be needed



Take the first step

- Find network providers at myuhc.com[®]
- Call the phone number on your health plan ID card and ask for behavioral health support

**United
Healthcare[®]**



*If your child is already receiving care, the provider may already be approved.

Disease Management programs and services may vary on a location-by-location basis and are subject to change with written notice. UnitedHealthcare does not guarantee availability of programs in all service areas and provider participation may vary. Certain items may be excluded from coverage and other requirements or restrictions may apply. If you select a new provider or are assigned to a provider who does not participate in the Disease Management program, your participation in the program will be terminated. Self-Funded or Self-Insured Plans (ASO) covered persons may have an additional premium cost. Please check with your employer.

Where available, members can access a cost estimate online or on the mobile app. None of the cost estimates are intended to be a guarantee of your costs or benefits. Your actual costs may vary. Please refer to the Website or Mobile application terms of use under Benefits & Cost to access a cost estimate, and under Find Care to search for care. Level Funded and Neighborhood Health Partnership members can access average cost data online or on the mobile app. None of the average costs are intended to be a guarantee of your costs or benefits. Your actual costs may vary. Please refer to the Website or Mobile application terms of use under Benefits & Cost to access average cost data, and under Find Care to search for care.

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